

Our Mission

White Oaks Therapeutic Equestrian Center provides equine-assisted experiences to enhance the quality of life & cultivate personal growth through therapeutic, educational, recreational, & social development for persons with disabilities ages 4 through adult. Interactions between horses and students have the ability to improve physical abilities and skills, as well as social interaction, emotional stability, spiritual well-being, along with mental focus and processes.

White Oaks Therapeutic Equestrian Center



Proudly funded by:

United Way
of Whiteside County



Phone: 815-772-2669
E-mail: rideatwhoa@yahoo.com
Website: rideatwhoa.org
P.O. Box 224
Morrison, IL 61270
Located in Morrison, Illinois at
the Whiteside County
Fairgrounds



White Oaks was established for the purpose of providing recreational, educational, therapeutic, and social opportunities for persons with disabilities.



Our Objectives



Equine Assisted Activities

Equine Assisted Activities (EAA) have been utilized in the United States since the 1950's and have been identified as beneficial forms of exercise and recreation for people with a wide range of disabilities. EAA combines goals in sports, recreation, therapy and education.

Therapeutic Riding

Includes basic instruction in grooming, tacking, horsemanship, riding and/or driving skills. Classes include mounted exercise, games, trail riding, and much more.

Equine Animal Activities

Students work with instructors on basic instruction in grooming and horsemanship. Students do not mount a horse or cart in participation, but are provided with general learning about horses and their care, and also get to spend time bonding with the horses.

Lessons

Classes begin in April and run through October. Both day and evening hours are available. All classes are taught by PATH certified instructors.

Spring Session– April-May

Summer Session – June—July

Fall Session – September-October

Registration

Individuals interested in registering for WHOA services should contact the Program at **815.772.2669** or by email at: **rideatwhoa@yahoo.com**.

WHOA requests that participants complete a registration packet including medical information and releases. New participants will need to attend an orientation and/or evaluation meeting with the instructor prior to enrollment in lessons.



White Oaks Therapeutic Equestrian Center



To get all of the latest information and updates on the program, and to see photos from classes of our students, volunteers, and instructors:

Visit our website
rideatwhoa.org

or

Like “White Oaks Therapeutic
Equestrian Center, WHOA” on
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